

*Curriculum Vitae*

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**CONTACT INFORMATION:**

**Feeling Good Therapy and Training Center of Fremont**

39210 State Street  
Suite 200  
Fremont, CA 94538  
Tel: 510-400-6160

**Medical Psychology Services at  
El-Camino Women's Hospital**

2485 Hospital Drive  
Suite 351  
Mt. View, CA 94040  
PH: (650) 779-5900

**Medical Psychology Services at  
Center For Health**

555 Soquel Avenue Suite 260  
Santa Cruz, CA 95062  
PH: (831) 621-1150

**Current Professional Activities**

- Co-Director at the Feeling Good Therapy & Training Center of Fremont Providing TEAM- CBT clinical services, as well as on-site and on-line training for TEAM-CBT and co-management of the group practice. *(September 2014-Present)*
- Medical psychology private practices at the Fremont, Mt. View and Santa Cruz locations. Serving patients coping with chronic health conditions, mood and anxiety disorders.  
*Santa Cruz (2008-Present)*  
*Mt View (2012-Present)*  
*Fremont (2014-Present)*
- Consulting pain psychologist in multidisciplinary pain clinics in charge of psychological assessment and treatment planning of injured workers with chronic pain.

- Pain Psychology consultation with Prime Pain Medicine Institute **Capitola, CA** (2014- Present)
- Pain Psychology consultations with **Monterey Bay Spine Clinic, Soquel, CA** (2012-Present)
- Pain Psychology consultations with **Integrated Medical Case Solutions** (<http://www.theimcsgroup.com>) (Nation Wide: 2012-Present)
- Pain Psychology consultation with **H.E.L.P multidisciplinary pain clinic. Salinas CA.** (2010-Present)
- Clinical supervision of postdoctoral fellows pursuing licensure as a clinical psychologist through the regulations set by California Board of Psychology. (2009-Present, Intermittently)
- Weekly attendance in T.E.A.M Consultation Groups at Stanford. Trainings offered by David Burns, M.D and Mathew May, M.D.
- Author of weekly blogs on topics of health and pain management (2009-present) [askdrdashban.wordpress.com](http://askdrdashban.wordpress.com)

### **Current And Recent Professional Activities**

- President of Monterey Bay Psychological Association (*January -December 2013*) A local chapter of California Psychological Association
- Chair of the Ethics committee of Monterey Bay Psychological Association, (2008-2014)
- Public Health Educator at the Dominican Health and Education Department at Dominican Hospital in Santa Cruz, CA. (2008-Present Intermittently) Metabolic Syndrome and depression; Fibromyalgia and Chronic Fatigue Syndrome, Heart disease and Depression, Healthy Management of Menopause.
- Expert legal-psychological consultation. U.S. Department of Justice (2011-2013)
- Scheduled Talk for Continuing Education:  
 Santa Clara Psychological Association: March 21, 2015  
 Alameda County Psychological Association September 12, 2015  
 “Why Evidence-Based, Sound Psychotherapy Fails Sometimes”  
 Lucile Packard Children’s Hospital September 21, 2015  
 “How To Treat Your Patients Effectively With Your Team”

- Scheduled Talks for general public education:

Year long monthly series of free seminars and newspaper column on various health psychology topics including food addictions. September 2015 to October 2016  
 Center For Health and Connection News Paper, Santa Cruz, CA

## **Teaching Experiences/Guest Lectures:**

### **Weekly One to One T.E.A.M Training and Consultation**

T.E.A.M Training and consultation to psychologists and mental health providers nationwide via live on-line tools. (2014-Present)

### **Palo Alto University**

Adjunct Faculty

Advanced CBT-T.E.A.M graduate course taught to masters level MFT students.

Introduction to T.E.A.M CBT Concepts

(Fall-Winter 2014)(Spring 2015)

### **JFK University**

Guest Lecturer in Advanced CBT Concepts for masters level MFT students.

Introduction to T.E.A.M CBT Concepts

(2013, 2014)

### **City of Scotts Valley Parks and Rec**

*Chronic Pain Management, Introduction to treatments (6/2010)*

### **City of Capitola Parks and Rec**

*Chronic Pain Management, Skills and Education(Summer 2009)*

### **Guest Lecturer, Dominican Hospital Grand Rounds, Santa Cruz, CA**

*Multidisciplinary Management of Chronic pain. New Approaches to an Old Problem (2/09)*

### **Didactics, Psychology intern/post doctoral Seminar, Ananda Institute, Santa Rosa**

*CBT Case Formulation (5/08 & 11/09)*

*Legal and Ethical Considerations for Psychology interns and practitioners (10/08)*

*CBT and Stress Inoculation (1/09)*

*CBT and Socratic Questioning, Best Therapeutic Approaches (2/09)*

*CBT: Identifying Automatic Thoughts, Intermediate Beliefs, Core Beliefs, (3,09)*

### **Psychology Adjunct Faculty Chabot Los Positas Community College, Hayward, CA**

*Course Title: "Social Psychology" Concepts of Social Psychology and Cognitive Theory (1-5/2000)*

### **Psychology Adjunct Faculty University of Tennessee at Chattanooga, TN**

*Course Title: "Psychology of Individual Differences" History of development of IQ Testing and current views on assessment of cognitive abilities. (1-5/98)*

### **Instructor at Iran/America Institute of Language, Tehran, Iran**

*English grammar and conversation to pupils ages of 9 to 12. (6-12/93)*

### **Instructor at Nutri/System Weight Loss Center, Nashville, TN**

*Behavior modification and self management techniques related to weight loss, basic nutrition concepts. (1991-1993)*

## **EDUCATION AND TRAINING**



San Jose State Counseling Services

*Location:*      *Dates:*

San Jose, CA      8/1999 –6/2000

- CBT based individual and group psychotherapy
- Phase of life issues, depression, psychoactive substance abuse issues, anxiety, and relationship issues
- Workshops: improving study skills/ time management and psycho-education regarding Axis I and II disorders.

Fortwood Community Mental Health Center

*Location:*      *Dates:*

Chattanooga, TN      5-12/1996

- Diagnostic interviewing skills, intake report writing, and case presentations.

**PAST PROFESSIONAL EXPERIENCES**

**Ananda Institute, Santa Rosa, CA**      (2 – 8/2008)  
*Medical Psychology Program Director*

**Portia Bell Hume Behavioral Health and Training Center, Fremont, CA**      (1- 11/2003)  
*Mental Health Consultant --- crisis management and brief psychological interventions to training staff of Cal-Works agencies in Alameda County.*

**Fremont Psychiatric Hospital, Fremont, CA**  
*CBT based psychotherapy to adult and adolescent inpatients. Weekly case conferences and staff meetings.*  
(1 – 5/2000)

**California School of Professional Psychology, Alameda, CA**      (1- 5/2000)  
*Student admissions assistant: evaluation of graduate school applicants' essays and interview process*

**Private office of Dr. Mark Taslimi MD (Obstetric & Gynecology) Chattanooga, TN**      (1-8/98)  
*Office Manager/Coordinator: hiring and training office staff, supervising account receivable, insurance contracts, and patient accounts.*

**Parthenon Pavilion Psychiatric Hospital, Nashville, TN**      (1991 – 1992)  
*Mental Health Associate*

**MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS:**

|                                                         |                |
|---------------------------------------------------------|----------------|
| Santa Clara Psychological Association                   | 2012- Present  |
| Monterey Bay Psychological Association                  | 2009 – present |
| California Psychological Association                    | 2000 - present |
| National Association of Cognitive Behavioral Therapists | 2002- 2008     |

Society of Behavioral Medicine  
American Psychological Association  
Redwood Psychological Association

1998 – 2003, 2013-2014  
1995 – 2003  
2008 - 2009