

G. Katie Dashtban, Psy.D.
Licensed Clinical Health Psychologist

Curriculum Vitae

PERSONAL INFORMATION

Work Address: Medical Psychology Services, Inc.
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EDUCATION AND TRAINING

<i>Institution:</i>	<i>Degree:</i>	<i>Years:</i>	<i>Field of Study</i>
Alliant International University, California School of professional Psychology	Psy.D.	1998-2003	Health Psychology
Middle Tennessee State University	M.A.	1994-1997	Clinical Psychology
University of Tennessee at Chattanooga	B.S.	1986-1991	Clinical Psychology

Honorary Position: (2009-present)

Chair person of the Ethics Committee at Monterey Bay Psychological Association, the local chapter of the California Psychological Association. <http://www.mbpsych.org/>

Current Training: (September 2010-present)

David Burns, M.D. Weekly training Seminar at Stanford University, Department of Psychiatry
T.E.A.M Model (Testing, Empathy, Agenda setting, Methods)

- Learning highly effective and speedy methods of delivering cognitive behavioral interventions.

POST DOCTORAL FELLOWSHIP

Kaiser Permanente Chronic Pain Management *Location:* *Dates:*

San Francisco 9/2004- 12/2005

- Assessment and treatment of mood disorders, anxiety disorders, maladaptive health behavior/ beliefs, pain disorder, somatoform disorders.
- Biofeedback group therapy and weekly biofeedback seminar
- Cognitive Behavioral Therapy for Chronic Pain
- Administration and scoring of psychological tests for chronic pain and health beliefs

PREDOCTORLA RESIDENCY

UCSF Department of Psychiatry, San Francisco General Hospital Division of Psychosocial Medicine

Location: *Dates:*

San Francisco 7/2001 – 8/2002

- CBT based psychological treatment in adult primary care clinic
- Chronic medical illnesses including cardiovascular disease, chronic pain, IBS, Diabetes
- Smoking cessation groups, lifestyle change groups, depression Group, eating disorders group

PRACTICUMS:

East County Child and Adolescent Community Mental Health Center

Location: *Dates:*

Antioch, CA 9/2000 – 6/2001

- CBT based pediatric psychotherapy: ADHD, Reactive Attachment Disorder, Pervasive Developmental Disorder, Depression, Conduct Disorder, grief.
- Psychological testing of IQ, achievement, social fitness, and projective tests of psychological processing, as well as neuropsychological screening.

San Jose State Counseling Services

Location: *Dates:*

San Jose, CA 8/1999 –6/2000

- CBT based individual and group psychotherapy
- Phase of life issues, depression, psychoactive substance abuse issues, anxiety, and relationship issues
- Workshops: improving study skills/ time management and psycho-education regarding Axis I and II disorders.

Fortwood Community Mental Health Center

Location: *Dates:*

Chattanooga, TN 5-12/1996

- Diagnostic interviewing skills, intake report writing, and case presentations.

TEACHING

Medical Psychology Services, Inc.

CBT training and supervision of post doctoral fellow (*on going*)

Peripheral Neuropathy Group

Trinity Presbyterian Church (11/17/10)

Issues related to the management of chronic pain among elderly and terminally ill population

City of Scotts Valley Parks and Rec

Chronic Pain Management, Introduction to treatments (on going)

City of Capitola Parks and Rec

Chronic Pain Management, Skills and Education (on going)

Guest Lecturer, Dominican Hospital Grand Rounds, Santa Cruz, CA

Multidisciplinary Management of Chronic pain. New Approaches to an Old Problem (2/09)

Didactics, Psychology intern/post doctoral Seminar, Ananda Institute, Santa Rosa

CBT Case Formulation (5/08 & 11/09)

Legal and Ethical Considerations for Psychology interns and practitioners (10/08)

CBT and Stress Inoculation (1/09)

CBT and Socratic Questioning, Best Therapeutic Approaches (2/09)

CBT: Identifying Automatic Thoughts, Intermediate Beliefs, Core Beliefs, (3,09)

Psychology Adjunct Faculty Chabot Los Positas Community College, Hayward, CA

Course Title: "Social Psychology" Concepts of Social Psychology and Cognitive Theory (1-5/2000)

Psychology Adjunct Faculty University of Tennessee at Chattanooga, TN

Course Title: "Psychology of Individual Differences" History of development of IQ Testing and current views on assessment of cognitive abilities. (1-5/98)

Instructor at Iran/America Institute of Language, Tehran, Iran

English grammar and conversation to pupils ages of 9 to 12. (6-12/93)

Instructor at Nutri/System Weight Loss Center, Nashville, TN

Behavior modification and self management techniques related to weight loss, basic nutrition concepts. (1991-1993)

PROFESSIONAL EXPERIENCE

Medical Psychology Services, Inc.

(11/08 – Present)

Private practice of G. Katie Dashtban, Psy.D, psychological assessments, interventions for chronic medical conditions including chronic pain.

Ananda Institute, Santa Rosa, CA

(2 – 8/2008)

Medical Psychology Program Director

Portia Bell Hume Behavioral Health and Training Center, Fremont, CA

(1- 11/2003)

Mental Health Consultant --- crisis management and brief psychological interventions to training staff of Cal-Works agencies in Alameda County.

Fremont Psychiatric Hospital, Fremont, CA

*CBT based psychotherapy to adult and adolescent inpatients. Weekly case conferences and staff meetings.
(1 – 5/2000)*

California School of Professional Psychology, Alameda, CA

(1- 5/2000)

Student admissions assistant: evaluation of graduate school applicants' essays and interview process

Private office of Dr. Mark Taslimi MD (Obstetric & Gynecology) Chattanooga, TN *(1-8/98)*

Office Manager/Coordinator: hiring and training office staff, supervising account receivable, insurance contracts, and patient accounts.

Parthenon Pavilion Psychiatric Hospital, Nashville, TN

(1991 – 1992)

Mental Health Associate

MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS:

National Association of Cognitive Behavioral Therapists	2002- present
California Psychological Association	2000 - present
Society of Behavioral Medicine	1998 - present
American Psychological Association	1995 – present
Redwood Psychological Association	2008 - 2009
Monterey Bay Psychological Association	2009 - present